

Emergency Medical Technician NREMT (Louisiana) Recertification Requirements

Louisiana Emergency Medical Technicians must meet the following requirements in order to renew their NREMT certification.

National Content Required: 20 Hours		
Topics	Hours	
Airway, Respiration, Ventilations 4 Hours	Ventilation: Assisted Ventilations, Automatic Transport Ventilator, Respiratory failure vs. distress, Minute Ventilation, Adjuncts, Effect on Cardiac output, Positioning	3
	Oxygenation	1
Cardiovascular 6 Hours	Stroke: Assessment (Stroke Scale); Oxygen administration; Time of onset (duration); Transport destination	1
	Cardiac Arrest & Ventricular Assist Device (VAD)	0.5
	Post Resuscitation Care: Recognition of ROSC; Induced hypothermia; Oxygenation	0.5
	Pediatric: Tachycardia, Irregular pulse, Bradycardia	1
	Pedi Cardiac Arrest: Optimal CPR techniques, AED use, Ventilation/compression ratio, 1 & 2 rescuer CPR	2
	Chest Pain & ACS: Medication administration, Oxygen, Nitroglycerin, Transportation Destination, Aspirin (ASA)	1
Trauma 2 Hours	CNS Injury: Concussions	0.5
	Tourniquets	0.5
	Field Triage: Model uniform core criteria (MUCC)	1
	Sort, Assess, Lifesaving interventions, Treatment /Transport (SALT) CDC Trauma Triage Decision Scheme	
Medical 6 Hours	Immunological Diseases: Allergic reaction, Anaphylaxis	1
	Communicable Diseases: Hygiene (hand washing), Vaccines, Influenza, Antibiotic resistant infections, Public health—epidemics, pandemics, reporting, etc. Systematic inflammatory response syndrome (SIRS) vs. Sepsis vs. septic shock, Fluid resuscitation (Oral)	0.5
	Psychiatric Emergencies: Mental Health, Patient Restraints, Agitated Delirium, Depression/Suicide	1.5
	Special Healthcare needs: Tracheostomy care, Dialysis shunts, Feeding tubes, VP shunts, Cognitive issues	1
	OB Emergency: Abnormal presentations, Nuchal cord, Neonatal resuscitation, Routine suctioning of the neonate	1
	Endocrine: Diabetes, Metabolic syndrome, Insulin resistance, DKA/HHNS, Insulin pumps, Glucometers	1
Operations 2 Hours	At-Risk Populations: Pediatric, Geriatric, Economically disadvantaged, Domestic violence, Human trafficking	0.5
	Pediatric Transport	0.5
	Affective Characteristics: Professionalism, Cultural competency, Changing demographics	0.5
	Role of Research in EMS	0.5
Total National Core Content Hours		20

Local Content Required: 10 Hours		
Topics		
Patient Advocacy	Reporting Obligations	A total of 8 Hours of state specific topics are required, in any combination of hours and topics from this list.
	Professional Accountability	
End of Life Decisions		
Safe Havens		
Laws & Regulations	Scopes of Practice	
	Regulatory Requirements	
	Louisiana EMS related law	
	Penalties	
Protocols	Stroke	
	STEMI	
	Trauma	
	MCI	
Disaster Preparedness	ICS, Disaster Operations	
	Patient Tracking	
	Local/Entity Disaster Plans	
	Regional/Parish Disaster Plans	
	State Disaster Plans	
Local / Agency	Topics designated by primary EMS affiliated EMS agency.	2 Hours
	<i>If not affiliated/or a local agency does not specify topics, 2 individual topic hours are required.</i>	
Total Local Core Content Hours		10

Individual Content Required: 10 Hours		
Topics	Hours	
	Individuals must obtain 10 hours of individual continuing education on EMS topics of personal interest. Education must be related to patient safety or patient care: rescue, extrication, and HAZMAT trainings are approved as long as there is a simulated patient being cared for during the training.	
	**Louisiana requires all EMTs to maintain healthcare provider CPR certification (4 hours can be applied to meet the individual content requirement).	
	**Agency medical directors/training officers may require specific individual training courses by agency policy.	
		10
Total EMT Renewal Hours		
	Category	Total Hours
	National (NCCR)	20
	Local (LCCR)	10
	Individual (ICCR)	10
	Total	40
Guidelines on Distributive Education		
Distributive Education (DE) is defined as education received when a live, "real time" instructor is not available. The number of DE hours allowed is limited based on the category in which they are obtained.		
National Content: up to 7 hours of DE is allowed		
Local Content: up to 7 hours of DE is allowed		
Individual Content: up to 10 hours of DE is allowed		
<i>Using DE is optional, however, please be mindful of the hour limits if you choose to use them.</i>		

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